

Updated Fall 2023 Covid Vaccines

- The fall 2023 COVID vaccine is for everyone 6 months or older. The vaccine has been updated for 2023-2024 to protect against newer COVID viruses.
- Getting the new vaccine can keep symptoms milder and shorter if you do get COVID, and it also lowers the risk of long COVID (sickness that continues.)



It's perfectly normal to have questions about the updated COVID booster, and we are here to help answer them!

My child already had their COVID shots. Why do they need more?

Our body's defenses from COVID weakens over time, and getting the booster builds that defense back up. Fall 2023 updates target strains that are more common nowadays and is great as we spend more time indoors unmasked.

If they get the shot now, how many doses will they need?

For a healthy child, 5 or older, getting ONE dose of the Fall 2023 COVID shot will bring them up to date.

Do we really need to worry? Isn't it mostly over?

People are still getting sick, going to the hospital, and dying from COVID. These numbers may get higher as the weather gets colder. You can also spread it to others in your family and school and puts you at a higher risk of getting long term sickness afterwards.

I'm still not sure if I want my kid to get the COVID vaccine.

What should I do?

Nurse Practitioners at the School-Based Health Center can talk to you about the vaccines and answer any questions you have. If you are unsure but would like to speak about it, make an appointment for your child to come to the clinic and we are happy to speak with you by phone or video.

Ask about the COVID vaccine at your school clinic today!



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