

After Your Medication Abortion

What you can expect:

Cramping and bleeding are expected after you take Mifepristone and Misoprostol. They may be much more than what you get with a period. You may also have diarrhea, nausea, or chills. These symptoms should get better after a few hours.

- **Cramps usually start 2-4 hours after you take the pills, and may last for 3-5 hours.** If you have pain from cramping, you can take pain medicine, such as Ibuprofen, or Tylenol (acetaminophen) or use a heating pad.
- **Bleeding means that the treatment is working.** Bleeding can last for several days or up to 4 weeks, and it may stop and start a few times.
- **You may notice some changes in your mood.** You may feel relieved, sad, or moody after the abortion. These feelings are caused by hormone changes in your body. **If you are worried about any feelings you have after the abortion, please talk to us.**
- **You can expect to get a period in 4-8 weeks.** This may be different from person to person.
- You can expect a fever/chills during first 24 hours after misoprostol. **If you have fever or chills that last longer than 24 hours you should contact your doctor.**

**For extra support text 617-749-2948
or visit exhaleprovoice.org/resources**

Warning signs and when to call the doctor:

Call your doctor at: _____ right away if you have any of the following:

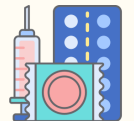
- Your bleeding soaks through more than 2 maxi pads per hour for 2 hours in a row.
- You do not bleed within 24 hours after taking Misoprostol.
- You start to feel very sick after the heavy cramping and bleeding are over.

It is important that you go to your follow-up visit with your doctor.



You will go to your follow-up visit **7-14 days** after you take the pills. **It is very important that you come to this visit.** At this visit, your doctor will check to make sure the medicine worked and the abortion is complete. You can do this in-person or through tele-health.

You can start birth control right after having a medication abortion.



If you are interested in starting birth control, your doctor can talk with you about your options.

Take a pregnancy test 4 weeks after your abortion. If your test is positive (says you are pregnant) call your doctor.

If you have any questions or concerns:

Please call us at: _____

