

COVID Shots

As of 2023 COVID shots are now yearly.

Everyone age 5 and older should get a COVID shot each year in the fall. This yearly shot helps protect you from COVID-19 so that you are ready for the fall and winter seasons. Like a flu shot, the shot will change each year to keep your protection up-to-date.



It's perfectly normal to have questions about COVID vaccines, and we are here to help answer them!

I already had my COVID shots. Why do I need another one?

The vaccines teach your body how to protect you from getting very sick from COVID. Our level of protection against COVID lowers over time, and getting a shot each year helps to build that protection. The original vaccines and boosters do not protect against the newer strains (types) of COVID. As we spend more time indoors and unmasked, it is important for us to get the extra protection from the updated shots.

Why should we worry about COVID now? Isn't it mostly over?

People are still getting sick, going to the hospital, and dying from COVID. These numbers will get higher as the weather gets colder. Even though symptoms can be mild, getting COVID puts you at higher risk of having long-term symptoms afterward. You can also spread COVID to other people in your family and in your school.

Last Updated Fall 2023

Ask about the updated COVID booster at your school clinic today!