

Onychomycosis

Onychomycosis is a fungal infection of the fingernails or toenails. The nails become thick and yellow. The nail can be lifted from the nail bed and may cause pain.



How do I prevent onychomycosis?

- Wash your feet every day
- Change into clean socks every day
- Do not share nail clippers
- Do not walk barefoot in public showers and restrooms

What are my treatment options?

Your foot doctor can prescribe medicine to help you get rid of onychomycosis. Use the medicine as your doctor tells you to make sure the fungus is fully gone.

How long will treatment take?

Medicine will protect your new nail as it grows in.

- about 9 months to 1 year for a new toenail
- about 6 months for a new fingernail.



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