After Your Medication Abortion

**What you can expect:**

Cramping and bleeding are expected after you take Mifepristone and Misoprostol. They may be much more than what you get with a period. You may also have diarrhea, nausea, or chills. These symptoms should get better after a few hours.

- Cramps usually start 2-4 hours after you take the pills, and may last for 3-5 hours. If you have pain from cramping, you can take pain medicine, such as Ibuprofen, or Tylenol (acetaminophen) or use a heating pad.
- Bleeding means that the treatment is working. Bleeding can last for several days or up to 4 weeks, and it may stop and start a few times.
- You may notice some changes in your mood. You may feel relieved, sad, or moody after the abortion. These feelings are caused by hormone changes in your body. If you are worried about any feelings you have after the abortion, please talk to us.
- You can expect to get a period in 4-8 weeks. This may be different from person to person.
- You can expect a fever/chills during first 24 hours after misoprostol. If you have fever or chills that last longer than 24 hours you should contact your doctor.

**Warning signs and when to call the doctor:**

Call your doctor at: ________________ right away if you have any of the following:

- Your bleeding soaks through more than 2 maxi pads per hour for 2 hours in a row.
- You do not bleed within 24 hours after taking Misoprostol.
- You start to feel very sick after the heavy cramping and bleeding are over.

**It is important that you go to your follow-up visit with your doctor.**

You will go to your follow-up visit 7-14 days after you take the pills. **It is very important that you come to this visit.** At this visit, your doctor will check to make sure the medicine worked and the abortion is complete. You can do this in-person or through tele-health.

**You can start birth control right after having a medication abortion.**

If you are interested in starting birth control, your doctor can talk with you about your options.

Take a pregnancy test 4 weeks after your abortion. If your test is positive (says you are pregnant) call contact your doctor.

If you have any questions or concerns:

Please call us at: ________________________

For extra support text 617-749-2948 or visit exhaleprovoice.org/resources