Un programa de nutrición destinado para:
- Embarazadas
- Mujeres que se encuentran en el período de lactancia
- Mujeres que atraviesan el puerperio
- Bebés y niños hasta los 5 años

WIC significa **Mujeres (Women), Bebés (Infants) y Niños (Children)**. Es un programa de nutrición del estado de Nueva York que puede ayudarla a comprar una variedad de alimentos para que usted y su bebé se mantengan saludables. WIC también puede enseñarle sobre alimentación saludable, ejercicio y lactancia. Las familias que están inscritas en el programa WIC recibirán una tarjeta eWIC, que es como una tarjeta de débito con un PIN, para comprar alimentos aprobados por WIC en las tiendas de comestibles que acepten el programa. Comuníquese con la oficina de WIC más cercana para averiguar si es elegible. Para inscribirse, necesitará lo siguiente:

<table>
<thead>
<tr>
<th>Qué debe traer:</th>
<th>Elija entre:</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Formulario de referencia de WIC</td>
<td>• Pedirle un formulario a su nutricionista.</td>
</tr>
<tr>
<td>2. Identificación con fotografía</td>
<td>• Presentar una tarjeta de identificación del estado de Nueva York o un pasaporte</td>
</tr>
<tr>
<td>3. Comprobante de ingresos (elija 1)</td>
<td>• Presentar una tarjeta de Medicaid; Presentar una carta de presupuesto; Presentar recibos de pago de un mes; Presentar una prueba de que su seguro del Programa de Asistencia para Cuidado Prenatal (PCAP, por sus siglas en inglés) está pendiente</td>
</tr>
<tr>
<td>4. Comprobante de dirección</td>
<td>• Presentar una factura reciente de servicios públicos o de teléfono, o cualquier comprobante oficial que reciba por correo</td>
</tr>
</tbody>
</table>

**Centros WIC en Brooklyn**

<table>
<thead>
<tr>
<th>Centros WIC en Brooklyn</th>
<th>Dirección</th>
<th>Número de teléfono</th>
</tr>
</thead>
<tbody>
<tr>
<td>Public Health Solutions</td>
<td>335 Central Avenue</td>
<td>718-919-0044</td>
</tr>
<tr>
<td>Bedford Stuyvesant Family Health Center</td>
<td>20 New York Avenue, 1st Fl.</td>
<td>718-857-4375</td>
</tr>
<tr>
<td>Brookdale Hospital and Medical Center</td>
<td>465 New Lots Avenue</td>
<td>718-240-6445</td>
</tr>
<tr>
<td>Brooklyn Hospital</td>
<td>485 Coney Island Avenue</td>
<td>718-282-8904 ext. 235</td>
</tr>
<tr>
<td>Brownsville Community Development Corp.</td>
<td>408 Rockaway Avenue, 2nd Fl.</td>
<td>718-345-6366</td>
</tr>
<tr>
<td>Coney Island Hospital</td>
<td>(Sandy Site) 2880 West 12th Street</td>
<td>1-844-872-6639</td>
</tr>
<tr>
<td>East NY Diagnostic &amp; Treatment Center</td>
<td>2094 Pitkin Avenue</td>
<td>718-240-0470</td>
</tr>
<tr>
<td>Brooklyn Hospital Center</td>
<td>535 Empire Boulevard</td>
<td>718-467-0010</td>
</tr>
<tr>
<td>Maimonides Medical Center</td>
<td>5613 Fort Hamilton Parkway</td>
<td>718-854-3190</td>
</tr>
<tr>
<td>Opportunity Development Association of Williamsburg</td>
<td>12 Heyward Street</td>
<td>718-852-1917</td>
</tr>
<tr>
<td>Lutheran Medical Center</td>
<td>Sunset Park Family Health Center, 6025 6th Avenue</td>
<td>718-630-7161</td>
</tr>
<tr>
<td>Northern Brooklyn Health Network</td>
<td>760 Broadway, Rm 2B 320</td>
<td>718-963-8559</td>
</tr>
<tr>
<td>Wyckoff Heights Medical Center</td>
<td>316A Himrod Street, Ste 1</td>
<td>718-963-6471</td>
</tr>
<tr>
<td>Yeled v’Yalda Early Childhood Center</td>
<td>1312 38th Street 3080</td>
<td>718-686-3799</td>
</tr>
<tr>
<td>Jamaica Hospital</td>
<td>Atlantic Avenue</td>
<td>718-647-0240</td>
</tr>
<tr>
<td>Ocean Avenue WIC Center</td>
<td>2555 Ocean Avenue, 2nd Fl.</td>
<td>718-332-4059</td>
</tr>
<tr>
<td>Sunset Park WIC Center</td>
<td>462 36th Street, 2nd Fl. (between 4th and 5th Avenues)</td>
<td>718-942-6240</td>
</tr>
</tbody>
</table>
This form may be used to refer patients to the WIC Program and to communicate changes in patient health information. The information provided on this form will be used by a WIC nutritionist to determine nutrition care and provide nutrition counseling.

A separate form is required for each patient. Sections B, C and D must be completed by a health care provider. See reverse side for additional instructions.

A. Patient Information

Patient Name_________________________________________ Date of Birth _____ / _____ / ______
Street Address_______________________________________________________________________________ Apt. No.__________
City_________________________ State______ ZIP____________ Phone (_______) _______________________
Preferred Language(s) ____________________________________ Parent/Guardian Name _____________________________
____________________________________________________________________________________________
____________________________________________________________________________________________

B. Patient Medical Information Health Care Provider: Please complete the section that is appropriate for the above named patient.

☐ WOMAN

Current Height _____ in
Current Weight _____ lbs _____ oz
Date Taken ______ / _____ / ______
HGB _____ g/dL or HCT ______% 
Date Taken ______ / _____ / ______
Number of Previous Pregnancies _____
Number of Previous Deliveries _____
Date Prenatal Care Began _____ / _____ / ______

☐ If Pregnant:
Estimated Date of Delivery _____ / _____ / ______
Number of Fetuses ______
Pre-pregnancy Weight _____ lbs _____ oz

☐ If Postpartum:
Delivery/Termination Date _____ / _____ / ______
Total Gestational Weight Gain _____ lbs _____ oz

☐ INFANT OR CHILD UP TO 24 MONTHS

Birth Length _____ in or _____ cm
Birth Weight _____ lbs _____ oz or _____ kg
Weeks Gestation _______ 

Current Length _____ in or _____ cm
Date Taken ______ / _____ / ______
Current Weight _____ lbs _____ oz or _____ kg
Date Taken ______ / _____ / ______
HGB _____ g/dL or HCT ______% 
Date Taken ______ / _____ / ______
Venous Lead ______ µg/dL
Date Taken ______ / _____ / ______

☐ Not Available
Immunizations Up to Date?
☐ Yes ☐ No ☐ Not Available

☐ CHILD 2 TO 5 YEARS

Height/Length _____ in or _____ cm
☐ Standing ☐ Recumbent (If Unable to Stand)
Date Taken ______ / _____ / ______
Weight _____ lbs _____ oz or _____ kg
Date Taken ______ / _____ / ______
HGB _____ g/dL or HCT ______% 
Date Taken ______ / _____ / ______
Venous Lead ______ µg/dL
Date Taken ______ / _____ / ______

☐ Not Available
Immunizations Up to Date?
☐ Yes ☐ No ☐ Not Available

C. Specific Medical Diagnosis or Nutrition/Health Concerns

____________________________________________________________________________________________
____________________________________________________________________________________________
____________________________________________________________________________________________
____________________________________________________________________________________________

D. Health Care Provider Information

Provider Name (Print) ___________________________________________ Date _____ / _____ / ______
Provider Signature ___________________________________________ 
Street Address _______________________________________________
City_________________________ State______ ZIP____________ Phone (_______) _______________________

OFFICE STAMP

E. Release of Information

I authorize ____________________________ (Health Care Provider) to release the information above to the WIC Program, and I authorize the WIC Program to release information about me or my child to this health care provider for the purposes of coordinating my or my child’s healthcare. If my child or I need to transfer to another WIC Program, I authorize the release of this information to the transferring WIC Program. All information is considered confidential.

Patient/Parent/Guardian Signature ___________________________________________ Date _____ / _____ / ______

This institution is an equal opportunity provider.
Health Care Provider Instructions for Completing the WIC Medical Referral Form

Sections B, C and D must be completed by a health care provider. Please note that a separate form is needed for each patient.

A. Patient Information: This section may be completed by the health care provider, patient/parent/guardian, or WIC local agency staff. The information in this section should only pertain to the patient named at the top of the form.

B. Patient Medical Information: Complete the appropriate section for the patient named on the form.

Current height and weight measurements are to be taken no more than 60 days before the patient’s WIC appointment.

Women: For all women patients complete current height and weight and the date taken; the hemoglobin or hematocrit value and the date taken; the number of previous pregnancies; the number of previous deliveries; and the date prenatal care began.

Pregnant Women: Eligible for WIC for the duration of their pregnancy and up to 6 weeks postpartum. Hemoglobin or hematocrit blood work must be taken during current pregnancy. Complete the estimated date of delivery, number of fetuses, and pre-pregnancy weight.

Postpartum/Breastfeeding Women: Non-breastfeeding postpartum women are eligible for WIC for up to 6 months after delivery/termination. Breastfeeding women are eligible for up to one year after delivery. Hemoglobin or hematocrit blood work must be taken during the postpartum period. Complete the delivery/termination date and the total weight gain during pregnancy.

Infants and Children Less than 24 Months of Age: Complete all available information. A hemoglobin or hematocrit blood work value is required once during infancy between 6 to 12 months of age (preferably between 9 to 12 months of age) and once between 1 to 2 years of age (preferably 6 months from the infant blood work value). If available, include a venous lead value and the date it was taken.

Children 2 to 5 Years of Age: Complete all available information. Children are eligible for WIC up to their fifth birthday. A hemoglobin or hematocrit blood work value is required once a year if found to be normal. If the value presents outside of the normal range (<11.1 hemoglobin or <33% hematocrit), the value must be tested again at 6 month intervals. If available, include a venous lead value and the date it was taken.

C. Specific Medical Diagnosis or Nutrition/Health Concerns: Note any significant medical diagnoses, history, or nutrition/health concerns. List any specific nutrition counseling you would like your patient to receive in this section. Other examples of applicable information for this section may include current or expected breastfeeding complications or food allergies. WIC staff may need to contact you or your staff to obtain more detailed medical information prior to providing WIC services.

D. Health Care Provider Information: Provider legibly prints their name, signs and dates the form. The remaining information in this section may be handwritten, or the form may be stamped with the office stamp.

E. Release of Information: The patient or parent/guardian of the patient writes the name of the health care provider on the line after “I authorize” then signs at the end of the statement, consenting to the sharing of pertinent health information between the health care provider and WIC local agency.

Give the completed form to the patient or parent/guardian to bring to the WIC appointment or mail/fax the form to the local WIC agency address shown in the top right corner of the form.

We appreciate your cooperation and partnership in serving the New York WIC population.