Common Myths about the Moderna COVID-19 Vaccine

There are many myths out there about the COVID-19 vaccine. At CHN, we want to provide you with the facts about the vaccine so you can make important decisions about your health.

“I heard that the COVID-19 vaccine will give me COVID-19. Is this true?”

The vaccine will not give you COVID-19. The vaccine does not use the live virus that causes COVID-19. Instead, the vaccine teaches your body how to know if it’s been infected and fight off the virus that causes COVID-19. You may get symptoms after you get the vaccine, such as a fever. This is a normal sign that your body is building up protection against COVID-19.

“Will the vaccine cause me to test positive for COVID-19?”

No, the vaccine will not cause you to test positive on a COVID-19 test. A positive test means that you currently have COVID-19.

“I’ve already gotten sick with COVID-19. Should I still get the vaccine?”

If you were sick with COVID-19 before, experts may still recommend that you get the vaccine. After getting COVID-19, your body may build up some natural protection against the virus. Because we don’t know how this protection lasts and there is a chance you can get sick again, getting the vaccine will be an important step in offering you more protection.

“Can the mRNA COVID-19 vaccine change your DNA?”

The vaccine does not change your DNA (genetic makeup) in any way. The mRNA helps our body make a protein to teach our body how to fight off and build protection against COVID-19. It does not enter the part of our cells that hold DNA.

“I heard there is a microchip in the COVID-19 vaccine. Is this true?”

This is not true. This is a false rumor that has been going around during the pandemic. It’s important to get your information from trusted sources, like the CDC. If you have a question about something you heard about this vaccine, you can also ask a CHN doctor or nurse.

Talk with a CHN doctor or nurse if you have more questions about the vaccine!

Adapted from Centers for Disease Control and Prevention (CDC)