



A nutrition program for those who are:

- Pregnant
- Breastfeeding
- Postpartum
- Infants and children up to age 5

WIC stands for **Women, Infants and Children**. It's a New York State nutrition program that can help you buy a variety of foods to keep you and your baby healthy. WIC can also teach you about healthy eating, exercise, and breastfeeding. Families who are enrolled in the WIC program will get an eWIC card, like a debit card with a PIN, to buy WIC-approved foods at grocery stores that accept WIC.

Contact a WIC office near you to find out if you're eligible. To enroll you will need the following:

What to Bring:	Choose From:
1. WIC Referral Form	<ul style="list-style-type: none"> • Ask your nutritionist for a form.
2. Photo ID	<ul style="list-style-type: none"> • A New York State ID card or a passport
3. Proof of Income (choose 1)	<ul style="list-style-type: none"> • Medicaid card • Budget letter • 1 month's paystubs • Proof that your PCAP insurance is pending
4. Proof of Address	<ul style="list-style-type: none"> • Recent utility or phone bill • Anything official that you get in the mail

Bronx WIC Centers	Address	Phone Number
Bronx Lebanon Hospital Center	21 East Mount Eden Avenue	718-583-4278
Lincoln Medical and Mental Health Center 234	East 149th Street, 1st Fl.	718-579-5397
Montefiore Medical Center	22 Westchester Square	718-829-4401
Morris Heights Health Center	85 W. Burnside Avenue	718-716-4400
Morrisania Diagnostic & Treatment	1225 Gerard Avenue	718-960-2817
Jacobi Hospital	1400 Pelham Parkway S, Bldg 14N Ste A	718-918-4000
St Bamabas Hospital	2021 Grand Concourse, 1st Fl.	718-901-9510
Urban Health Plan	1070 Southern Boulevard	718-589-4776
Public Health Solutions	519 East Tremont Avenue	718-294-6887
Sound Shore Medical Center	3401 White Plains Road	718-547-6345

This form **may** be used to refer patients to the WIC Program and to communicate changes in patient health information. The information provided on this form will be used by a WIC nutritionist to determine nutrition care and provide nutrition counseling.

A separate form is required for each patient. Sections B, C and D must be completed by a health care provider. See reverse side for additional instructions.

WIC OFFICE USE	
WIC ID	<input type="text"/>
WIC LOCAL AGENCY STAMP	

A. Patient Information

Patient Name _____ Date of Birth ____/____/____ Sex _____
Street Address _____ Apt. No. _____
City _____ State _____ ZIP _____ Phone (_____) _____
Preferred Language(s) _____ Parent/Guardian Name _____

B. Patient Medical Information *Health Care Provider: Please complete the section that is appropriate for the above named patient.*

WOMAN
Current Height _____ in
Current Weight _____ lbs _____ oz
Date Taken ____/____/____
HGB _____ g/dL or HCT _____ %
Date Taken ____/____/____
Number of Previous Pregnancies _____
Number of Previous Deliveries _____
Date Prenatal Care Began ____/____/____
 If Pregnant:
Estimated Date of Delivery ____/____/____
Number of Fetuses _____
Pre-pregnancy Weight _____ lbs _____ oz
 If Postpartum:
Delivery/Termination Date ____/____/____
Total Gestational Weight Gain _____ lbs _____ oz

INFANT OR CHILD UP TO 24 MONTHS
Birth Length _____ in or _____ cm
Birth Weight _____ lbs _____ oz or _____ kg
Weeks Gestation _____
Current Length _____ in or _____ cm
 Standing Recumbent (<2 Years)
Date Taken ____/____/____
Current Weight _____ lbs _____ oz or _____ kg
Date Taken ____/____/____
HGB _____ g/dL or HCT _____ %
Date Taken ____/____/____
Venous Lead _____ µg/dL
Date Taken ____/____/____
 Not Available
Immunizations Up to Date?
 Yes No Not Available

CHILD 2 TO 5 YEARS
Height/Length _____ in or _____ cm
 Standing Recumbent (If Unable to Stand)
Date Taken ____/____/____
Weight _____ lbs _____ oz or _____ kg
Date Taken ____/____/____
HGB _____ g/dL or HCT _____ %
Date Taken ____/____/____
Venous Lead _____ µg/dL
Date Taken ____/____/____
 Not Available
Immunizations Up to Date?
 Yes No Not Available

C. Specific Medical Diagnosis or Nutrition/Health Concerns

D. Health Care Provider Information

Provider Name (Print) _____ OFFICE STAMP
Provider Signature _____ Date ____/____/____
Street Address _____
City _____ State _____ ZIP _____
Phone (_____) _____ Fax (_____) _____

E. Release of Information

I authorize _____ (Health Care Provider) to release the information above to the WIC Program, and I authorize the WIC Program to release information about me or my child to this health care provider for the purposes of coordinating my or my child's healthcare. If my child or I need to transfer to another WIC Program, I authorize the release of this information to the transferring WIC Program. All information is considered confidential.
Patient/Parent/Guardian Signature _____ Date ____/____/____

Health Care Provider Instructions for Completing the WIC Medical Referral Form

Sections B, C and D must be completed by a health care provider. Please note that a separate form is needed for each patient.

A. Patient Information: This section may be completed by the health care provider, patient/parent/guardian, or WIC local agency staff. The information in this section should only pertain to the patient named at the top of the form.

B. Patient Medical Information: Complete the appropriate section for the patient named on the form.

Current height and weight measurements are to be taken no more than 60 days before the patient's WIC appointment.

Women: For all women patients complete current height and weight and the date taken; the hemoglobin or hematocrit value and the date taken; the number of previous pregnancies; the number of previous deliveries; and the date prenatal care began.

Pregnant Women: Eligible for WIC for the duration of their pregnancy and up to 6 weeks postpartum. Hemoglobin or hematocrit blood work must be taken during current pregnancy. Complete the estimated date of delivery, number of fetuses, and pre-pregnancy weight.

Postpartum/Breastfeeding Women: Non-breastfeeding postpartum women are eligible for WIC for up to 6 months after delivery/termination. Breastfeeding women are eligible for up to one year after delivery. Hemoglobin or hematocrit blood work must be taken during the postpartum period. Complete the delivery/termination date and the total weight gain during pregnancy.

Infants and Children Less than 24 Months of Age: Complete all available information. A hemoglobin or hematocrit blood work value is required once during infancy between 6 to 12 months of age (preferably between 9 to 12 months of age) **and** once between 1 to 2 years of age (preferably 6 months from the infant blood work value). If available, include a venous lead value and the date it was taken.

Children 2 to 5 Years of Age: Complete all available information. Children are eligible for WIC up to their fifth birthday. A hemoglobin or hematocrit blood work value is required once a year if found to be normal. If the value presents outside of the normal range (<11.1 hemoglobin or <33% hematocrit), the value must be tested again at 6 month intervals. If available, include a venous lead value and the date it was taken.

C. Specific Medical Diagnosis or Nutrition/Health Concerns: Note any significant medical diagnoses, history, or nutrition/health concerns.

List any specific nutrition counseling you would like your patient to receive in this section. Other examples of applicable information for this section may include current or expected breastfeeding complications or food allergies. WIC staff may need to contact you or your staff to obtain more detailed medical information prior to providing WIC services.

D. Health Care Provider Information: Provider legibly prints their name, signs and dates the form. The remaining information in this section may be handwritten, or the form may be stamped with the office stamp.

E. Release of Information: The patient or parent/guardian of the patient writes the name of the health care provider on the line after "I authorize" then signs at the end of the statement, consenting to the sharing of pertinent health information between the health care provider and WIC local agency.

Give the completed form to the patient or parent/guardian to bring to the WIC appointment or mail/fax the form to the local WIC agency address shown in the top right corner of the form.

We appreciate your cooperation and partnership in serving the New York WIC population.