



After Wart Procedure

Your foot doctor did a procedure to remove warts from your foot.

What should I do when I get home?

You may feel a little pain and swelling on your foot. This is normal.

1. Take off the bandage slowly and gently.
2. Fill a clean bucket or large bowl with 4 glasses of warm water and 2 tablespoons of white vinegar.
3. Soak your toe in this for 10 minutes.
4. When you're done, put ointment on a q-tip. Then use the q-tip to put ointment on the wound.
5. Cover the wound with new small bandage.

Soak your toe 2 times a day until you go back to the health center. Make sure you take all of your pills.

How long will it take my foot to heal?

Your foot will heal in 3 to 4 weeks. It is normal to have a little bit of swelling and redness during those weeks.

Call us right away if:

- Your foot is throbbing
- You have pain that won't go away
- Your foot is red or swollen and it won't go away
- You notice other problems with your foot

If you have any questions, call your CHN foot doctor.

Bronx Health Center: 975 Westchester Ave., Bronx, NY 1045, Tel (718) 320-4466 • Fax (718) 991-3829 **Tremont Health Center:** 4215 Third Ave, 2nd Fl., Bronx, NY 10457 Tel (718) 294-5891 • Fax (718) 294-2468

CABS Health Center: 94-98 Manhattan Ave., Brooklyn, NY 11206 Tel (718) 388-0390 • Fax (718) 486-5741 **Caribbean House Health Center:** 1167 Nostrand Ave., Brooklyn, NY 11225 Tel (718) 778-0198 • Fax (718) 221-8169 **Dr. Betty Shabazz Health Center:** 999 Blake Ave., Brooklyn, NY 11208 Tel (718) 277-8303 • Fax (718) 277-4795

Helen B. Atkinson Health Center: 81 W. 115th St., New York, NY 10026 Tel (212) 426-0088 • Fax (212) 426-8367 **Community League Health Center:** 511 W. 157th St., New York, NY 10032 Tel (212) 781-7979 • Fax (212) 781-7963 **Catherine M. Abate Health Center:** 150 Essex Street, New York, NY 10002 Tel (212) 477-1120 • Fax (212) 477-8957

Long Island City Health Center: 36-11 21st St., Long Island City, NY 11106 Tel (718) 482-7772 • Fax (718) 482-9648 **Queens Health Center:** 97-04 Sutphin Blvd., Jamaica, NY 11435 Tel (718) 657-7088 • Fax (718) 657-7092 **Family Health Center:** 90-04 161st St., Jamaica, NY 11432 Tel (718) 523-2123 • Fax (718) 523-5833 • Fax (718) 523-5833