

HPV Vaccine (shot)

What is HPV (human papillomavirus)?

HPV is the most common STI (sexually transmitted infection). An STI is an infection you can get from sex. There are many types of HPV. Some types cause genital warts. Other types cause cancer. Most types of HPV don't cause any health problems and go away on their own. Most people have HPV at some point in their lives. They may not know that they have it.

There is no cure for HPV, but you can protect yourself from HPV by getting the HPV vaccine (shot).

How can I protect myself from HPV?

Get the HPV vaccine. The vaccine comes in a series of 3 shots. You must get all 3 shots to be protected. The HPV vaccine does not protect you from all types of HPV. But it protects you from some of the most harmful types.

What are the risks of the HPV vaccine?

Your arm may feel sore from the shot.

You may also have:

- a low fever
- redness or swelling on their arm
- headache

Other side effects from the HPV vaccine are very rare.

When should I get the HPV vaccine?

You can get the HPV vaccine if you are between the ages of 11-27. If you're over the age of 18, ask your CHN doctor today for the HPV vaccine.

You can get the vaccine at any Community Healthcare Network health center.

Here is when you should get the shots:

- Get the 1st shot as soon as you can.
- Get the 2nd shot 1 to 2 months after the 1st shot.
- Get the 3rd shot 6 months after the 1st shot.

When should I come back for my next HPV shots?

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