

Getting the **Moderna** COVID-19 Vaccine

Because the COVID-19 vaccine is new, you may have some questions about what to expect before, during, and after you get the vaccine (shot). Use this handout to learn more and talk with a CHN doctor or nurse if you have more questions.

What to expect:

Before you get the vaccine:

- Talk with a CHN doctor or nurse to see if a COVID-19 vaccine is recommended for you right now.
- If you have questions about the vaccine, please ask us!
We are here to help.



When you get the vaccine:

- A CHN doctor or nurse will give you:
 - A handout that explains which COVID-19 vaccine you are getting.
 - A consent form. The information that you provide on this form, such as your age and date of birth, will be reported to NYC Department of Health's Citywide Immunization Registry.
- You will get the shot in your upper arm.

After you get the vaccine:

- You need to come back to the center in **28 days** for your second shot. You will need both shots in order to be fully protected.
- As we learn more about how the vaccine works in the real world, it's important that you continue to protect yourself and others from COVID-19 by:
 - Wearing a mask that covers your nose and mouth when you are in public.
 - Staying at least 6 feet away from others.
 - Washing your hands often.
 - Staying away from crowds.

Appointment date of first shot: _____

Appointment date for second shot: _____



Are there any side effects from the vaccine?

- **You may have some side effects after you get the vaccine.** These side effects are signs that your body is building up protection against COVID-19. You may feel like you have the flu, but the side effects should go away after just a few days.
- From what we know so far, some people reported having more side effects after getting the second shot of the COVID-19 vaccine.

Common side effects:	When to call a doctor:
<ul style="list-style-type: none">• Pain or swelling where you got the shot• Fever and chills• Tiredness• Headache	<ul style="list-style-type: none">• If the redness and pain where you got the shot gets worse after 24 hours• If the side effects get worse or do not go away after a few days

Who should I contact if I have side effects?

- Talk with a CHN doctor or nurse about any side effects you have after getting the vaccine.
- The Centers for Disease Control and Prevention (CDC) has set up tools for you to report your side effects and other information about your experience after getting the vaccine. These tools help to them to look at the safety of this vaccine in real-time.

V-safe is a tool you can use on your smartphone to report any side effects. With V-safe, you can also get reminders about when you need to come in for your second shot.

- When you sign up for V-safe, it will ask you to enter your phone number. This is so you can receive text messages with health check-ins to see how you are doing after getting the vaccine. Any personal information you enter into V-safe will be protected.
- **V-safe is a voluntary tool. It is your choice if you would like to sign up.** If you decide not to use V-Safe, let a CHN doctor or nurse know right away if you have any serious side effects after getting the vaccine.
- Patients and providers can also use the **Vaccine Adverse Event Reporting System (VAERS)** to report side effects. Learn more at vaers.hhs.gov/reportevent.html



Go to www.cdc.gov/vsafe or use the QR code with your smartphone to learn more.