

# Breakfast Cereals

Go	Slow	Stop
<ul style="list-style-type: none"><li>• Fiber One</li><li>• Cheerios</li><li>• Total Whole Grain</li><li>• Wheaties</li><li>• Go Lean</li><li>• All Bran Extra</li><li>• All Bran Original</li><li>• Product 19</li><li>• Nabisco Shredded Wheat</li><li>• Grape Nuts</li><li>• Mesa Sunrise</li><li>• Nature's Path Multigrain Oatbran Flakes</li></ul>	<ul style="list-style-type: none"><li>• Go Lean Crunch</li><li>• Good Friends</li><li>• Fiber One Honey Nut Clusters</li><li>• Frosted Mini Wheats</li><li>• Honey Nut Shredded Wheat</li><li>• Smart Start Healthy Heart</li><li>• Post:<ul style="list-style-type: none"><li>○ Banana Nut Crunch</li><li>○ Raisin Bran</li></ul></li></ul>	<ul style="list-style-type: none"><li>• Cinnamon Toast Crunch</li><li>• Cocoa Puffs</li><li>• Trix</li><li>• Reese's Puffs</li><li>• Frosted Flakes</li><li>• Cocoa Pebbles</li><li>• Fruity Pebbles</li><li>• Honey-Comb</li><li>• Waffle Crisp</li></ul>